

CERTIFICATE

OF PARTICIPATION

This is to certify that

Kara-Mari Pouwels

Has successfully participated & completed the

5km Dirkies Bergpretloop /Trailrun in Magalies

held at John Voster High School.

TIME 01:29:49

PACE 17:57/km

OVERALL 366 of 383

09 August 2019, Fri

Date

GENDER 207 of

215

< 13 53 of 54



Signature